

Notes: 40mg is sent in ONE 2ml vial of 10mg/.5ml from ReviveRx

Dosing rules: Inject subcutaneous once per week in the belly fat region. Start at 2.5mg (13 units) and only increase dose after at least two weeks if the medication is not working and not causing serious side effects. If the medication is curbing appetite and you are losing weight, then stay at your current dose as long as its working! The next doses after 2.5mg (13 units) and in order are 5mg (25 units), 7.5mg (38 units), 10mg (50 units), 12.5mg (63 units) and lastly the max dose of 15mg (75 units). Refer to the dosing schedule to see how many units you need in the syringe to arrive at a specific dose. **AGAIN, ONLY INCREASE DOSE IF THE MEDICATION IS NOT WORKING.**

<u>Tirzepatide Dosing Example</u>	<u>Week</u>	<u>Required units on 1ml syringe</u>
2.5	1	13 units on the syringe
2.5	2	13 units on the syringe
2.5	3	13 units on the syringe
5	4	25 units on the syringe
5	5	25 units on the syringe
5	6	25 units on the syringe
7.5	7	38 units on the syringe
7.5	8	38 units on the syringe
At this point you will almost be done with 40mg.		
If you refill and get another 40mg vial, below would be the titration.		
7.5	9	38 units on the syringe
10	10	50 units on the syringe
10	11	50 units on the syringe
10	12	50 units on the syringe
New vial needed again at this point.		
12.5	13	63 units on the syringe
12.5	14	63 units on the syringe
15	15	75 units on the syringe
NOTE: if you need 10mg or more weekly of Tirzepatide, then this program will not be cost effective for you. We would recommend taking semaglutide instead.		